SINGAPORE VIETNAM INTERNATIONAL SCHOOL @ NHA TRANG

March 2019



VISION

To be an educational institution of excellence combining Eastern values with the knowledge and skills to participate in a global society.

MISSION

To provide quality educational programmes in a creative and challenging learning environment, embracing innovative teaching pedagogies to empower every student to become a life-long learner.

NEWSLETTER

- Message from the Principal
- Physical education for high school students
- Excursion for Primary students
- Excursion for high school students
- English club Fire drill





MESSAGE FROM THE PRINCIPAL

Dear Parents,

SVIS Nha Trang School have conducted main activities in March 2019 as below:

+ 11 & 12 March 2019: Primary students had carried out the Mid-Semester exams for Maths and Vietnamese Literature

+Senior students had a periodical examination with prescribed subjects of the education program.

Basing on the result of the exam, teachers managed to evaluate the student's ability so that they can coordinate with parents to take some solutions for consolidating the weak students.

+ 08/03: School Student Council (SSC) organized some exciting sport games for teachers and staff to build up a close relationship between teachers and students.

+ 14/03: Primary students had an excursion to visit Big C supermarket and Fahasha bookstore. Through this excursion, they have learnt how to arrange goods on shelves, to select goods and pay the bills.

+ 29/03: Senior students took a full-day excursion to visit traditional craft villages at Lu Cam, Nha Trang and learn some life skills such as artificial respiration, tieing ropes and navigating when lost. Those activities to create binding between students of all ages and improve their skills to be able to solve out problems in real life.

Wishing you good health, happiness and success!

The Principal

Mrs. Nguyen Thi Hanh

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PHYSICAL EDUCATION FOR HIGH SCHOOL STUDENTS

There are many benefits students receive from high school physical education classes that contribute to students becoming responsible adults who are aware of the importance of a healthy lifestyle. High school students retain a higher level of knowledge related to overall health that help them make educated decisions regarding their own health, safety and well-being.

Builds Self-Confidence

The participation in physical education in high school provides a positive influence on a student's personality, character and selfesteem. In addition, the team-building process enhances communication skills, and the skills required to get along and cooperate with students of varying ethnic backgrounds and personalities.

Develops Motor Skills

Physical education in high school is essential to the development of motor skills and the enhancement of reflexes. Hand-eye coordination is improved, as well as good body movements, which helps in the development of a healthy body posture.

Health and Nutrition

Physical education teaches students the importance of physical health. High school is an age where students misinterpret the meaning of "overweight" and eating disorders prevail. Physical health and education informs students on sound eating practices and the essential guidelines for nutrition.

Relieves Stress

High school students have substantial amounts of stress due to curriculum, homework, families and peer pressures. Involvement in sports, recreational activities or other forms of physical fitness offer a method of stress relief.

All PE activities and other extra clubs which have been building during the school year to prepare students the skills of activities and physical development.

The events of footbal matches and basketball playing have brought the interaction and sharing experiences from our students.

Ms. Pham Nguyen Le Trinh – PE Teacher

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EXCURSION FOR PRIMARY STUDENTS

Outdoor activities are one of the regular activities of the school to support students to develop comprehensively physically, intellectually and aesthetically. The most important point is to help students are able to explore their surroundings.

Visiting the supermarket this time, the students were able to explore the world of diversified and rich goods, all kinds of colors, vibrant colors, from familiar items to new products. This has helped to stimulate their curiosity and their desire to learn.

During the tour, teachers skillfully integrated and instructed them on basic skills when going to the supermarket such as: arranging skills and selecting products, skills to manage reasonable expenses and skills. The ability to behave in public areas.

Those actions looked simple but close to our students that helped them to learn how to listen, express their thoughts, behave well in public and show up their communication ability . The most important is to know how to protect themselves in public.

Ms. Doan Le Tuyet Nhi, Primary Teacher

EXCURSION FOR HIGH SCHOOL STUDENTS

This excursion activity of high school students helps them to understand more about a long-standing traditional village in Nha Trang - Lu Cam craft village with over 200 years old located about 4 km from Nha Trang. In addition, they were watching the products made from clay taken in Vinh Thanh and under many steps of process before coming out with red beautiful clay products.

Also on this experience field trip, students participated in learning like skills such as artificial respiration, tightening of the rope - the skills needed for camping, group activities and navigating when lost.

Excursion study tours are organized annually by the school to equip students with practical knowledge, and to create opportunities for the students between all levels to exchange experiences and learning from each other, create more motivation and energy for the following weeks of learning at school.













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ENGLISH CLUB – FIRE DRILL

This month's English club theme was safety and we learned about and practiced what to do in the event of a fire drill at school.

The importance of teaching and guarding children from the dangers that can be caused by fire is very important. In my English club this month, Years 4 and 5 took part in a School Fire Escape Plan which emphasised the importance of:

- Understanding fire safety and what to do in the event of a fire
- Practicing an escape plan

In case of fire:

- Never hide. Always try to leave the room
- Leave quickly, but don't run
- Don't look for things to take with you
- When there is smoke, crawl on the floor. The air is safest near the floor.
- Ring the emergency services

The students first learned the important information about fire safety and what sequence of events should take place in the event of a fire drill at school. Students were informed that when they hear a bell, they must react quickly but not run. We had a game and during the game a bell was rung and the practice fire drill began. We all quickly evacuated within two minutes. We took the safest and quickest route down to the playground and the students successfully lined up in their classes to be counted to make sure every student was safe.

I truly hope we never have to experience a real fire drill event but the life skills and ability to react to an emergency situation is an important value for every child.

Mr. Bruce Lamberton - EFL Teacher