

SINGAPORE VIETNAM INTERNATIONAL SCHOOL @ NHA TRANG

# NEWSLETTER

AUGUST 2023

#### Dear Parents,

Today, August 7, 2023, the students of SVIS@NT excitedly entered the new school year with a lot of joy because they were reunited with teachers, friends and their beloved school after the exciting summer holidays and enthusiastic to continue to explore new knowledge horizons, a new school year with many promises awaiting them.

The School is pleased to welcome all students who are the freshest flowers and the future owners of the country, and especially the 1st grade students who have just entered the school.

On the eve of the new school year, I hope that you will always try hard, study hard, strive to maintain good conduct at school so that you can make more progress, and be more worthy of the expectations of teachers and parents, to contribute to the achievement of the beloved SVIS. When the students study well, SVIS can always maintains the tradition of being a high-quality

#### **IN THIS ISSUE**

- Message from the Principal
- The International English Language Testing System (IELTS)
- Be creative with Geometry
- How to start new School Year enthusiastically
- My dreams
- The 1<sup>st</sup> period must be cool
- Protect yourself against heat stroke
- Restart new School year with physical activities

school in the education industry, a school that trains decent and excellent citizens for the country. I believe that with the pride of being a student of SVIS, you will be good students who attain great achievements in the new school year 2023-2024.

May all parents, teachers, staff members, students be healthy and happy. Wish the Singapore Vietnam International School A "**NEW SCHOOL YEAR - NEW SUCCESS**."

# Mdm. Nguyen Thi Hanh

# **Principal**





## THE INTERNATIONAL ENGLISH LANGUAGE TESTING SYSTEM (IELTS)

The International English Language Testing System (IELTS) is a globally recognized standardized test designed to assess the English language proficiency of non-native speakers. It is widely accepted by universities, employers, and immigration authorities as a measure of an individual's ability to understand and communicate effectively in English. The IELTS test evaluates four language skills: listening, reading, writing, and speaking. Each section is carefully designed to reflect real-life situations and academic or workplace contexts.

In the listening section, test-takers must comprehend a range of recordings, including conversations and monologues, and answer questions based on them. The reading section assesses reading comprehension skills through various texts, ranging from articles to academic papers. For the writing section, candidates must demonstrate their ability to present and support their ideas coherently within a given time frame. Lastly, the speaking section includes a face-to-face interview with an examiner to evaluate spoken English proficiency.

Scoring in IELTS is based on a 9-band scale, with 9 being the highest. This scale indicates different levels of proficiency, from non-user (band score 1) to expert user (band score 9). Institutions and organizations may have specific score requirements for different purposes.

Preparing for the IELTS test requires practice and familiarity with the test format. Many candidates rely on study materials, practice tests, and language courses to enhance their skills. It is important to develop strategies for managing time, improving vocabulary, and understanding the exam requirements.

Ultimately, achieving a desirable IELTS score opens doors to various opportunities, including higher education, employment, and migration. It demonstrates a person's English language proficiency, providing a valuable asset in an increasingly globalized world.

#### Mr. Riccardi Bessard

#### **EFL Teacher**









## **BE CREATIVE WITH GEOMETRY**

Surely none of us are unfamiliar with simple geometry such as squares, circles, triangles...

From these simple shapes, Class 2B students created funny and lovely pictures. With simple techniques and the ingenuity of their hands, and their mental agility, they created wonderful pictures of familiar lively and interesting images from triangles such as: Christmas trees, cats, dogs, beautiful flowers, ...

It can be said that creativity always brings many great benefits. Creativity not only helps you to be active and vibrant, but also gives you joy, curiosity, perseverance and effort...

Therefore, in the era of advanced science, creativity is a direct determinant of success not only in study as well as in work and life.

At Singapore Vietnam International School, teachers always focus on integrating skills in lessons and activities to help students develop comprehensively.

# Ms. Huynh Thi Qui Qui

## **Primary Teacher**









#### HOW T OSTART NEW SCHOOL YEAR ENTHUSIASTICALLY

Summer has gone and a new school year is about to begin. How to overcome the procrastination in the summer and enter a new school year with full of excitement and efficiency. Take a look at the following tips:

1. Prepare new school supplies.

Make a list of school supplies that will help you get more excited as the new school year approaches. Besides, go with your parents to buy new clothes, new school bags and school supplies to boost your enthusiasm and confidence for the new school year.

2. Redecorate the study corner.

The study corner is not only a place to study but also a private space for each student. Hang up a few pictures, put some pretty things or a little teddy bear to make you feel more interested every time you study.

3. Review knowledge from the previous school year.

To prepare your spirit for the new school year, let's have a revision for the knowledge and learning activities in the previous school year with your parents so that you can continue to attain more achievements for this year and learn from your experience. This will help you feel comfortable and confident to start a productive school year.

4. Plan for the new school year.

Make your own choices and write down plans and goals clearly will help you get excited about the new school year. Specific goals such as finishing a book every week or writing a journal, riding a bike, etc. will help you develop your unimaginable abilities.

5. Establish a healthy routine

Rebuild regular living habits with a proper eating and sleeping time will help you always be full of positive energy to welcome an interesting day of learning and playing at school.

## Ms. Nguyen Ngoc Hoai My

# **Primary Teacher**







## **MY DREAM**

Dreams are good things that we all want to reach in the future. Everyone is born with a dream to strive for. So what do children dream about? Every child is born also as a genius because of his strange childish thoughts. Sometimes those dreams come from interesting incidents happening in their families.

The following are the funky pictures of Grade 3A students about their dreams.

Would you please have a look at these below!

# Ms. Doan Le Tuyet Nhi Primary Teacher











# 1<sup>ST</sup> PERIOD MUST BE COOL!

In order to help students develop their enthusiasm in learning by "Learning to play - playing to learn", in the 1<sup>st</sup> period of Maths, Ms. Y Nhi led students into activities to review knowledge in the most vivid and effective way.

Here are some photos of the activities:











#### HEAT STROKE AND HOW TO PROTECT YOURSELF FROM IT

## 1. What is heat stroke?



Heat shock, also known as sunstroke or heatstroke, is a condition in which the body's temperature is raised too high, causing damage to the central nervous system and other tissues, rendering them unable to maintain normal functions as usual. This condition will be especially severe when the body temperature reaches 40 degrees Celsius or 104 degrees Fahrenheit.

The cause of heat shock is usually due to the outside environmental temperature or the indoor

temperature being too hot, causing an imbalance in the body's temperature self-regulating mechanism. At this time, the body will become dehydrated and cause a severe shortage of fluids and electrolytes. This causes heatstroke, which can be very dangerous and threaten to life. Heat shock is considered extremely dangerous, leading to a high risk of death and is also classified as a form of stroke.

# 2. How to protect yourself from heat stroke?

# - Wearing a hat, umbrella and sun protection clothes when going out

You should choose light-colored sunscreen clothes, with good heat dissipation, spacious and cool. Always wear an umbrella, hat when it's sunny and wear sunglasses when outside. For those who work in harsh environments, it is necessary

to wear standard protective clothes to limit the risk of heat shock.

#### - Drinking a lot of water

Drinking plenty of water is a basic thing you need to do every day to keep your body in a state of maintaining the necessary moisture. Especially in the summer, when the weather is hot, drinking water regularly will help cells increase their metabolism. Therefore, if



you feel uncomfortable or tired due to the sun, you should drink water immediately to cool your body temperature down.

#### Doing exercise with moderate level

When you do exercise too much can cause the body to fall into a state of weakness, lack of water and electrolytes - the cause of heat stroke. Therefore, to reduce the risk of heat stroke, doing exercise at a reasonable intensity, avoid overtraining.

The new school year begins, wishing you all good health so that you can complete your studies and all school activities.



Ms. Pham Nguyen Le Trinh PE Teacher

#### **RESTART NEW SCHOOL YEAR WITH PHYSICAL ACTIVITIES**

Summer has ended, students return to school with excitement, promising a new school year full of energy. Students' team activities are one of the important activities to help them practice skills and reduce stress after class hours.

School's team activities are carried out according to weekly theme and all should ensure the following goals: students know how to coordinate well with teammates, active group activities, students make efforts in each individual activities, flexibly combining creative thinking and rhythm to help students be more active, responsive in all activities at school and in society.

Besides, Teachers of SVIS school also support students to create a comfortable, fun and attractive school environment. This help both teachers and students get closer to each other, understand each other better and the further goal is to make classroom lessons friendly, fun and comfortable.

Learning to play, playing to learn is the outstanding method to increase the training and thinking ability of students. That requires teachers to spending a lot of time creating a useful playground for students, helping students to be more excited about the activities that the teacher offers. It helps students always be in a happy and excited state whether in the classroom or in the school yard.

Ms. Nguyen Thi Thu Ha Literature Teacher







